

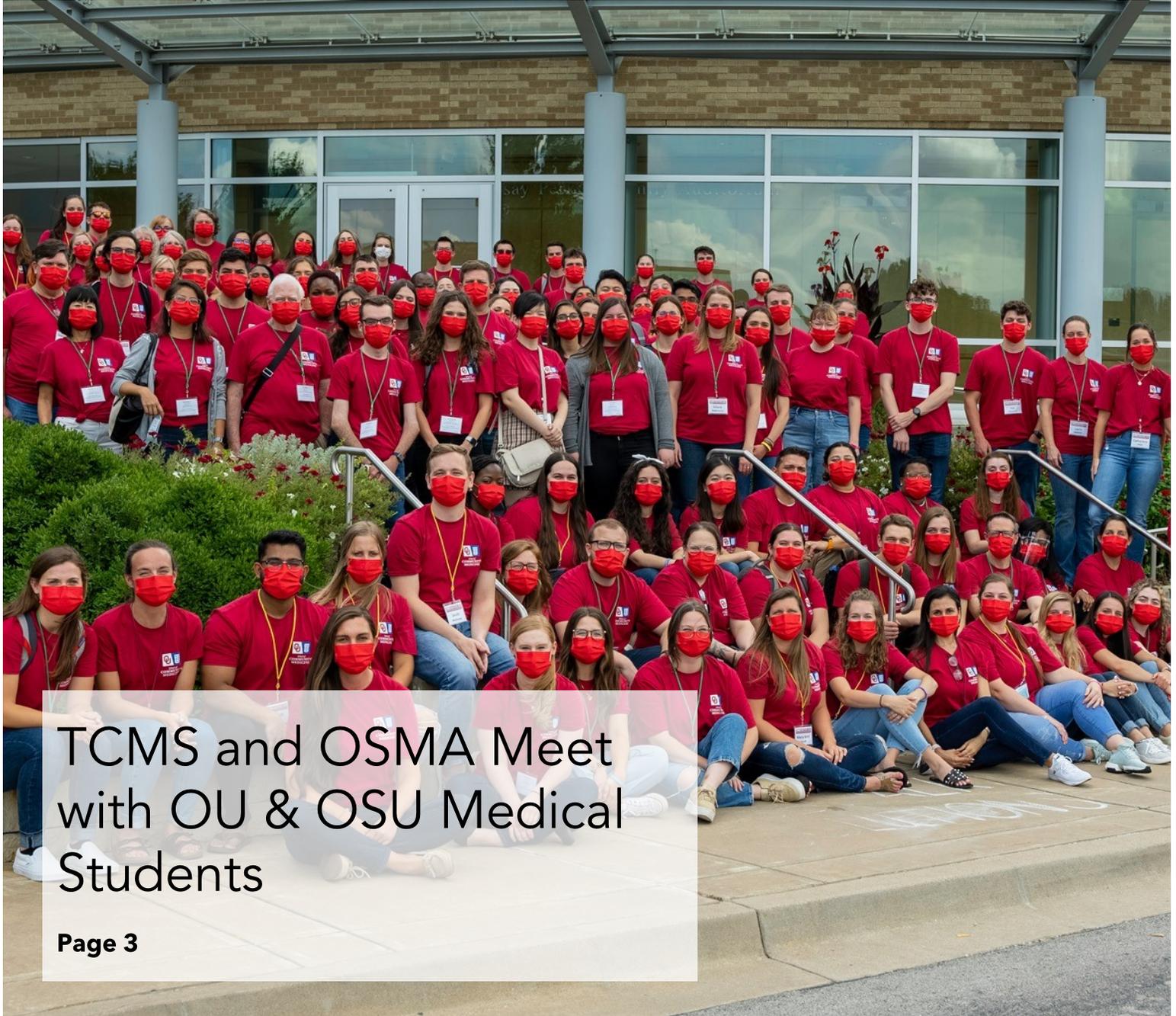


Tulsa County
Medical Society

TULSA MEDICINE

A Newsletter for the Medical Community

September 2021



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Diane M. Heaton,
MD

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TCMS PRESIDENT'S LETTER

DIANE M. HEATON, MD

“DALE BRATZLER, DO OKLAHOMA NINTH IN THE NATION FOR COVID THIS WEEK ON WEND 1,566 COVID CASES IN THE HOSPITAL WITH 441 IN ICU'S”

“TULSA PUBLIC SCHOOLS MUST MASK STARTING SEPT 7TH”

“MAJORITY OF OKLAHOMA COUNTIES IN DEEP RED 75 TO 100 COVID CASES PER 100,000”

“IN OKLAHOMA COUNTY MERCY INTEGRIS SSM HAVE NO ICU BEDS AND OU IS CLOSED TO COVID19 PATIENTS”

“OVERWHELMED HOSPITALS”

These are just some of the troubling headlines in the past week. It is late in the game and everyone is tired, but COVID19 is not done. As with all viruses, it will continue to seek out hosts for replication. The virus, as we all know, has no thought and is now attacking new hosts that the prior versions spared the young and particularly unvaccinated. However, at this time our hospitals are full and have significantly fewer staff than last year. I hear reports of Tulsa hospitals noting 100's of open slots for nurses, support staff, respiratory, and others. Southern states are requiring locums to keep hospitals open that have difficulty with staffing.

I know we are all tired. We are tired of discussing vaccinations. I have decided to quit fighting and tell the patients if they bring me back a vaccination card I will buy them an ice cream cone. I am keeping a \$5 bill in my pocket so I can keep my promise. I typically laugh and say “I am done arguing, an ice cream cone is what my mother offered to get my shots when I was young so thought it might work”. Even the most ardent anti-vaxer at least cracks a smile as with anything humor breaks down barriers the fastest.

So, what does the future hold? I read today that mu variant will possibly be able to evade vaccines. I think it will continue to spread and replicate as long as it can find hosts able to provide new copies. Unfortunately, I suspect we are in for a 5+ year pandemic, hopefully becoming less severe every year. Our mindset needs to switch to how to live with the virus and minimize replication hosts (ie us). Vaccines are the key, but how do we as physicians meet our obligation to our patients of how to make them not be, essentially, a viral making machine? That needs to be messaged one on one. The biggest take away when I compare our current situation to historical pandemics is the level of distrust polio vaccines were often given in

schools. The thought of “opting out” was foreign, but we rapidly neutralized a major threat and fortunately emptied the gymnasiums filled with people in iron lungs.



Diane M. Heaton, MD

TCMS President

My thought is we need to be far more transparent. There is distrust, misinformation, and the feeling that scientists and physicians are hiding something is rampant which is evident in the low level of vaccination rates.

The old adage ‘you have to do 10 things right to make up for one thing wrong’ I believe is true. To do right, we need to meet our patients one on one and find the barriers to vaccination. We, as a group, need to support those who are trying to break down barriers that limit access to vaccines in our physician offices. Many of my older patients are still waiting for their doctor to administer COVID19 vaccine.

Health care is not just for those with smart phones and internet access, a fact often missed.

I will leave with my quip of reimbursements. As we all know, medicine has shrinking margins and supporting paying rent/mortgage, paying reasonable salaries, and making a profit are becoming more and more difficult. My predication is the current system may falter and we as physicians must take the “broken toy” and be ready to use our considerable expertise and rebuild a system that builds a healthier community. Our groups have done this in the past with Medical Malpractice and health insurance. I have no doubt we can in the future. The pandemic has truly brought to light the need to have local solutions.

Sincerely,



Diane M. Heaton, MD, TCMS President

TULSA COUNTY MEDICAL SOCIETY

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TCMS AND OSMA MEET WITH OU & OSU MEDICAL STUDENTS



Tulsa County Medical Society and Oklahoma State Medical Association met with OU-TU School of Community Medicine and Oklahoma State University College of Osteopathic Medicine first-year medical students to inform them about student membership in our organizations.

The OU-TU SCM includes 31 students, the OSU COM includes 181 students with 53 at the Tahlequah Cherokee Nation Campus.

Lunch was provided to both groups where Wes Glinnman, OSMA Executive Director, and Mark McElreath, TCMS Executive Director gave an overview of each organization to the students. Anna Shadid, OU MS-II, and Mackenzie Moody, OSU MS-II, gave medical student's perspectives of being involved with the Student Resident Council.

The Student Resident Council core purpose is to promote the welfare of medical students, residents, and the community. To meet those goals, they pursue three main objectives:

1. Student/Resident Outreach – to encourage wellness and participation in organized medicine, and to raise awareness of the importance of preserving and shaping the future of medicine;
2. Community Outreach – to improve community health, and to discharge our moral and professional obligations to care for our community;
3. Legislative Advocacy – to advance policy and legislation that protects and promotes the interests of patients and physicians.

Annually, the TCMS Foundation provides \$32,500 in scholarships to 9 medical students. TCMS & OSMA also hold social events for the students and residents.

Congratulations to these 212 medical students as they start their education and profession in medicine!

UPCOMING EVENTS

SEPTEMBER 1, 2021

TCMS Foundation Board Meeting
TCMS Office
6:00pm

SEPTEMBER 17, 2021

Proper Prescribing Virtual CME
12-1pm - Contact Sandy Deeba (info below)

SEPTEMBER 24-26, 2021 - **CANCELED**

OKACOG District VII Annual Meeting, LIVE
Hyatt Regency, 100 East Second Street
Tulsa, Oklahoma
For more information contact Brandi Redo,
district7@acog.org
Coding Workshop
Friday, September 24th, 8AM-Noon
Register Online

OCTOBER 13, 2021

TCMS Board of Directors Meeting
TCMS Office
6:00pm

OCTOBER 23, 2021

Oklahoma Allergy and Asthma Society
(OAAS) Annual Meeting
7:30am - 2:00pm

NOVEMBER 7, 2021

OSMA Board of Trustees Meeting
Details to come

DECEMBER 1, 2021

TCMS Foundation Board Meeting
TCMS Office
6:00pm

PROPER PRESCRIBING VIRTUAL CME

Upcoming Dates
Friday, September 17, 12-1pm
Thursday, November 18, 6-7pm
Friday, December 3, 12-1pm

To sign up or for more information, contact
Sandy Deeba, 405-601-9571 or visit
www.okmed.org

*Signed into law in 2018, Oklahoma's Senate Bill 1446 mandates that all physicians complete one hour of CME in pain management per year. To help Oklahoma's physicians better understand how this new law impacts their practice and patients, the Oklahoma State Medical Association is hosting special CMEs in Oklahoma City and Tulsa. This one-hour event offers insight to the legal issues affecting pain management and an overview of the new laws connected with prescribing opioids to patients. All Oklahoma physicians with a DEA license are required to take this one hour course annually.

COVID-19 FUNERAL ASSISTANCE

The following is some valuable information for patients and colleagues.

The COVID-19 pandemic has brought overwhelming grief to many families. At FEMA, our mission is to help people before, during and after disasters. We are dedicated to helping ease some of the financial stress and burden caused by the virus.

Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of 2021, FEMA is providing financial assistance for COVID-19 related funeral expenses incurred after January 20, 2020.

How to Apply

COVID-19 Funeral Assistance Helpline
844-684-6333 | TTY: 800-462-7585

Hours of Operation:
Monday - Friday
9 a.m. to 9 p.m. Eastern Time

Who is Eligible?

To be eligible for funeral assistance, you must meet these conditions:

- For deaths that occurred after May 16, 2020, the death certificate must indicate the death was attributed to COVID-19.
- For deaths that occurred from Jan. 20 to May 16, 2020, any death certificate that does not attribute the cause of death to COVID-19 must be accompanied by a signed statement listing COVID-19 as a cause or contributing cause of death.

- The signed statement must be provided by the original certifier of the death certificate or the local medical examiner or coroner from the jurisdiction in which the death occurred.
- The statement must provide an additional explanation, or causal pathway, linking the cause of death listed on the death certificate to COVID-19.
- If you are eligible for funeral assistance you will receive a check by mail, or funds by direct deposit, depending on which option you chose when you applied for assistance.

If you had COVID-19 funeral expenses, we encourage you to keep and gather documentation, including:

- Official death certificate that shows the death occurred in the United States, including District of Columbia and the U.S. territories.
- If the death certificate was issued from Jan. 20 to May 16, 2020 it must either attribute the death directly or indirectly to COVID-19 or be accompanied by a signed statement from the original certifier of the death certificate or the local medical examiner or coroner from the jurisdiction in which the death occurred listing COVID-19 as a cause or contributing cause of death. This signed statement must provide an additional explanation, or causal pathway, linking the cause of death listed on the death certificate to COVID-19.
- If the death certificate was issued May 17, 2020 or later, the death certificate must attribute the death directly or indirectly to COVID-19.

For more information visit: <https://www.fema.gov/disaster/coronavirus/economic/funeral-assistance>

Registration is Now Open

2021 Liebendorfer Virtual Ethics Symposium: Women's Health is Human Health

Presented by the Ascension St. John
Ethics Integration Committee

Monday, October 4, 2021
5:00 p.m. - 8:15 p.m.

Breaking the Societal Perception of Plastic Surgery

How plastic and reconstructive surgery should be valued based on the diversity and complexity of cases, as experienced by Lesley Landis, MD, FACS
Lesley Landis, MD, FACS, AMG Plastic Surgery, Keynote Speaker

Fertility Awareness Based Medicine (FABM)

How FABM can decrease burdens on women while promoting equality and partnership
Jessica Ullrich, MS, DBE and Alexandria Lescher, DBE

Non-compliance and the Underserved Patient

How a better understanding of female patients and caregivers who live in poverty may promote human dignity
Mary Kay McVey and Stephanie Farris

Women as Healthcare Decision-Makers

How women serve as the Chief Medical Officers of their families, and how our own Ascension St. John associates navigate leadership, bias, and the demands of change within healthcare
Audrey Corbett, MD, FACP, Panel Facilitator
Latonya Mason-Wilson, MS, RN, NE-BC
Mindi Henry, APRN-CNP, ACHPN
Michaelle Holbird, MSN, APRN, FNP-C
Liz Bell, MHA, BSN, RN
Audrey Harris, MD



"Women's Health is Human Health"

Women in Oklahoma have made considerable advances in recent years but still face inequities that often prevent them from reaching their full human flourishing. The demand for limited resources, such as affordable childcare and access to quality medical treatments, was worsened by the COVID-19 pandemic and has created new challenges for both the women who access medical care in Oklahoma and the women who work in the healthcare industry.

The 2021 Liebendorfer Virtual Ethics Symposium, presented by the Ascension St. John Ethics Integration Committee, will explore women's health as human health.

The sessions will use a Catholic lens to provide education around issues in medicine that affect women, and by extension, the people who love them and the families for which they provide care.

Our speakers will help uncover what we need to review in our practices and ways of working to remove barriers that perpetuate disparities and inequities, including systemic discrimination.

All audiences are welcome

and encouraged to attend at no cost.

3.00 Interprofessional Continuing Education (CE)
credits will be awarded, excluding psychologists.

To register visit:

<https://bit.ly/3yJ7aNA>



WELCOME NEW MEMBERS!



Christopher S. Crane, M.D.

Sports Medicine

Tulsa Bone & Joint
3917 S Hwy 97
Sand Springs, OK 74063
918-607-4818

Medical Education

University of Oklahoma, OKC, OK, 2011-2015

Residency

Wright State University, Dayton, OH, Orthopaedic Surgery, 2015-2020



Lisa D. Macek, M.D.

Pediatrics

Warren Clinic
1801 E Kenosha St
Broken Arrow, OK 74012
918-615-6941

Medical Education

University of Oklahoma, OKC, OK, 2007-2011

Residency

University of Oklahoma, Tulsa, OK, Pediatrics, 2011-2014



Elizabeth M. Weldin, M.D.

Orthopaedic Hand Surgery

Tulsa Bone & Joint
4800 S 109th E Ave
Tulsa, OK 74146
918-392-1400

Medical Education

University of California, San Diego, 2009-2013

Residency

University of Iowa Hospitals and Clinics, Department of Orthopaedics and Rehabilitation, 2013-2018

Fellowship

University of Iowa Hospitals and Clinics, Iowa City, IA, Hand Surgery, 2018-2019



Christopher R. Wild, M.D.

Orthopaedic Surgery

Tulsa Bone & Joint
4802 S 109th E Ave
Tulsa, OK 74146
918-392-1400

Medical Education

University of Oklahoma, OKC, OK, 2008-2012

Residency

Wright State University, Dayton, OH, Orthopaedic Surgery, 2012-2017

WELCOME BACK MEMBER!



Jill L. Wenger, M.D.

Internal Medicine

St. John Physicians
1705 E 19th St Ste 302
Tulsa, OK 74104
918-748-7599

Medical Education

University of Oklahoma, OKC, OK, 1989-1993

Residency

University of Missouri, Kansas City, MO, Internal Medicine, 1993-1997

LEADERSHIP OPPORTUNITIES WITH TCMS AND OSMA

There are many opportunities for leadership with Tulsa County Medical Society and Oklahoma State Medical Association. This includes TCMS Board of Directors and Committee positions, as well as, Trustee, Alternate Trustee, and House of Delegate positions with OSMA.

If you have any interest in these leadership roles or would like more information, please contact Mark McElreath, Executive Director, Tulsa County Medical Society & TCMS Foundation at 918.743.6184 or email mark@tcmsok.org.



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Tulsa, OK 74105-6539



Stroke & Neurocritical Care Virtual Symposium 2021

Friday, Oct. 29

The Ascension St. John Medical Center Stroke & Neurocritical Care Virtual Symposium is designed to provide current evidence-based education in the specialty areas of vascular neurology and neurocritical care.



**Ascension
St. John**

For more information, contact Laurie Allen at lallen@ppmpartners.com or visit <https://ascension-ok.regfox.com/stroke-neurocritical-care-virtual-symposium--2021> to register.



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