



TULSA COUNTY MEDICAL SOCIETY

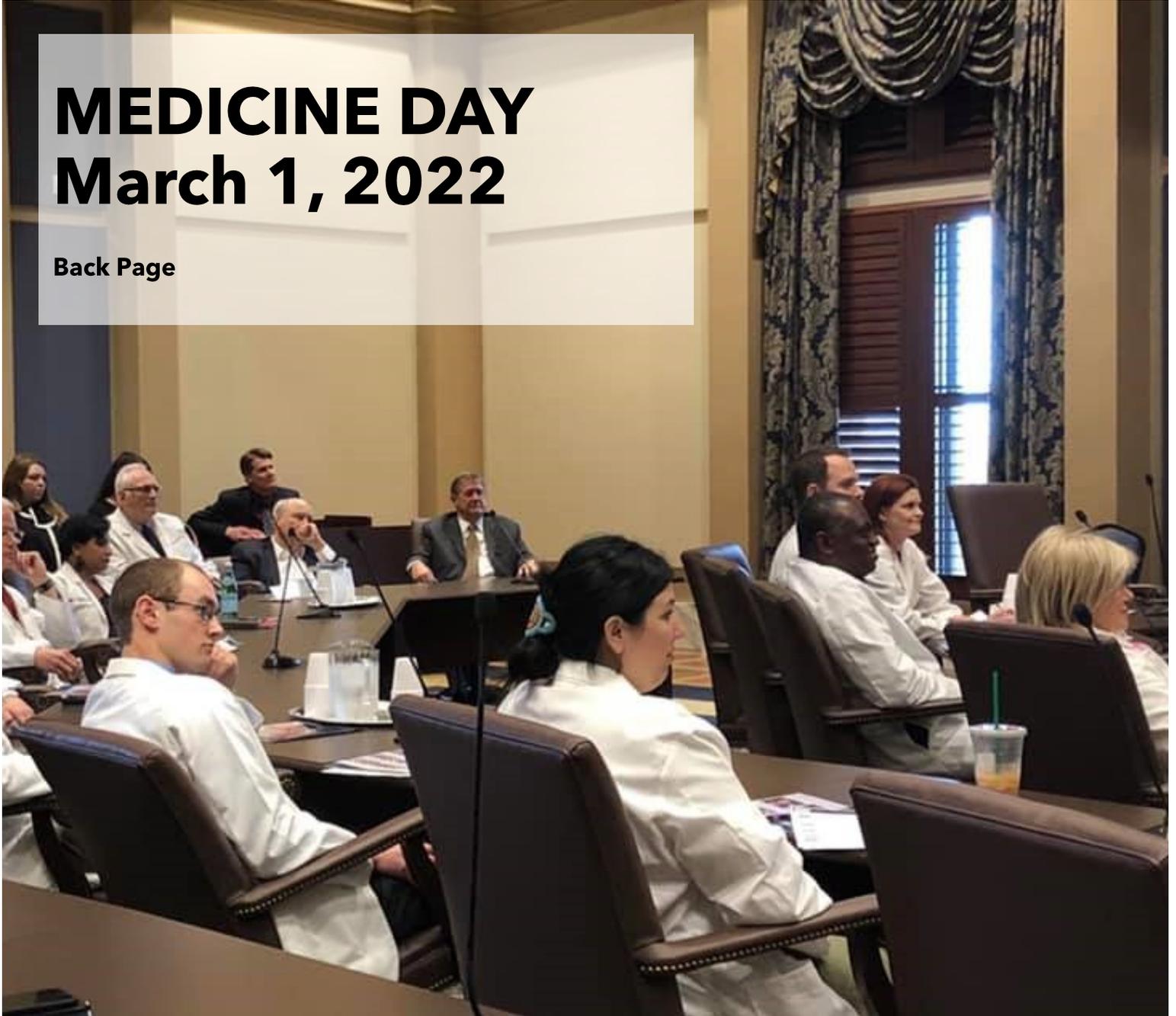
# TULSA MEDICINE

A Newsletter for the Medical Community

February 2022

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Brian W. Macha, MD

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# TULSA COUNTY MEDICAL SOCIETY PRESIDENT'S LETTER

It is now February, and it goes without saying that the last couple of years have been fraught with challenges.

So, before I move on, I would first like to offer sincere condolences to anyone who has suffered hardship or loss during these trying times.

The second thing I would like to do is take this opportunity to convey how proud I am of the way our medical community is responding to an exceedingly stubborn global pandemic.

Indeed, if the proper analogy is war, then it's safe to say that our community has not been spared from time on the front lines. Let us be proud of the ways in which we have come together to fight.

Another expressed purpose of the message this month is to look back, and highlight what Tulsa County Medical Society, in particular, has been doing over – at least the past year. We have been very, very busy not only providing for patients, but also for physicians, residents and students. It goes without saying that membership dollars are the only thing that make all of this (and more) possible...

From the beginning, many independent and small practices were having difficulty obtaining vaccinations. To help solve this problem, TCMS, the Tulsa Health Group and the Tulsa County Health Department partnered together to provide vaccinations for over 400 Physicians, nurse practitioners, physician assistants and their staff. It is important to note that a full half of this work was done in less than one week.

Oklahoma Legislature has not lost any time; and TCMS continues to be in lockstep with the capital - staying always informed of relevant issues and advocating when, and where necessary. In the coming months I will take care to highlight a few pivotal legislative victories that both the OSMA and TCMS played a central role in.

Simply put, one of the most important reasons to be a member of TCMS is access to law makers and the law-making process of our state. There is not currently a physician of any kind serving as an Oklahoma State Representative or



**Brian W. Macha, M.D.**

*TCMS President*

Senator. Organizations like TCMS are one of the only ways we as busy providers stay apprised of current legislative initiatives.

Earlier I mentioned students... TCMS currently has 484 medical student members and counting. Just last October, in conjunction with TCMS Foundation, we awarded approximately \$35,000 in scholarships to nine OU and OSU medical student members. The scholarship applications we receive are stunning. The medical students at both schools in town are infinitely accomplished, motivated and inspiring. I firmly believe that proximity to the young people in our profession fosters a symbiosis that benefits both parties greatly.

Leadership opportunities abound for members of Tulsa County Medical Society. Access and insight into opportunities for involvement both locally and nationally sit at our doorstep. Case in point: our own Sherri Baker, MD, has been elected to the AMA Council on Medical Education. This is kind of a big deal... as you may know, the Council on Medical Education assesses a great many aspects of medical education for the entire country.

The short list above is by no means all we have been up to. In the interest of space I'm actually having to keep things short – and It's good that I have a year of letters to write, because it really might take that long to tell about the difference TCMS makes.

And in addition to the monthly newsletter this year, I am excited by the prospect of in-person meetings for the first time in many months. This means in-person OU Resident Research Night, Scholarship dinner, TCMS Annual Meeting, and the Tulsa Retired Physicians' Holiday Dinner. All of which – I might add – will take place in your newly renovated TCMS building.

It is an honor and a pleasure to address you all for the first time this month; and until next time, why not navigate on over to our greatly expanded and newly renovated TCMS website.

Best Regards,  
Brian W. Macha, M.D.

## TULSA COUNTY MEDICAL SOCIETY

Physicians Advancing Health Care

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Kulsum Siddiqui

## TULSA COUNTY MEDICAL SOCIETY & TCMS FOUNDATION

A : 5315 S Lewis Ave  
Tulsa, OK 74105  
P : 918.743.6184  
F : 918.743.0336  
E : tcms@tcmsok.org

### STAFF

Mark McElreath, MPA  
Executive Director  
TCMS & TCMS Foundation  
[mark@tcmsok.org](mailto:mark@tcmsok.org)

Joetta Cunningham  
Director of Operations  
TCMS  
[joetta@tcmsok.org](mailto:joetta@tcmsok.org)

Pam Oppelt  
Care Coordinator  
Project TCMS  
[pam@tcmsok.org](mailto:pam@tcmsok.org)

Beverly Thompson  
Special Events & Grants  
Coordinator  
Project TCMS  
[beverly@tcmsok.org](mailto:beverly@tcmsok.org)

\*Acceptance of advertising in Tulsa Medicine in no way constitutes professional approval or endorsement of products or services advertised.

# HOUSE OF DELEGATES CAUCUS

**THURSDAY, FEBRUARY 24, 2022**

At TCMS Building  
6:00PM

- **DELEGATE MEETING**
- **RESOLUTION WORKSHOP & REVIEW**
- **LEARN MORE ABOUT:**
  - \* **BECOMING A DELEGATE**
  - \* **HOW THE HoD WORKS**

RSVP at <https://bit.ly/3rEBV5L>

or to [mark@tcmsok.org](mailto:mark@tcmsok.org) or 918.743.6184

Dinner provided for those who attend in-person, must RSVP.  
Zoom option also available for those who RSVP.

## UPCOMING EVENTS

### **FEBRUARY 24, 2022**

TCMS Caucus, House of Delegates Meeting  
6:00-7:30PM  
TCMS Building / Zoom

### **MARCH 1, 2022**

Medicine Day (Details on back page)  
Oklahoma ACOG's 4th Annual Virtual  
Advocacy day 9am-noon

### **APRIL 8-9, 2022**

OSMA Annual Meeting, House of Delegates,  
and Inaugural Dinner  
Visit <https://bit.ly/3HXJ5rT> for more details

### **APRIL 23, 2022**

OSDS Annual Meeting  
OU-Tulsa Schusterman Learning Center  
7AM - 4:30PM  
Contact Joetta Cunningham, TCMS

### **MAY 6, 2022**

The Mark Allen Everett, MD,  
Skin of Color Virtual Symposium  
Presented by the OU/OKC Department of  
Dermatology  
2022 Virtual 7AM to 5PM  
Click the link to register <https://ouhsc.cloud-cme.com/course/courseoverview?P=5&EID=11421> contact Renee Wall at  
405) 271-4662 or [renee-wall@ouhsc.edu](mailto:renee-wall@ouhsc.edu)  
Free registration for healthcare students,  
residents and fellows

### **JULY 9-16, 2022**

OSMA CME Cruise Conference  
7-Night Eastern Caribbean Cruise  
For more information visit [my.okmed.org/CMECruise](http://my.okmed.org/CMECruise) or call 1.800.926.3775

### **Oklahoma State Dermatology and Dermatological Surgery Society (OSDS) Regular Scheduled Series Meetings**

Tuesday, March 29, 2022 - 5-8PM  
Tuesday, July 12, 2022 - 5-8PM  
Contact Joetta Cunningham, TCMS

### **PROPER PRESCRIBING VIRTUAL CME**

Thursday, February 17, 2022; 6-7PM  
Friday, May 13, 2022; 12-1PM  
Thursday, July 28, 2022; 6-7PM

To sign up or for more information, contact  
Sandy Deeba, 405-601-9571 or visit  
[www.okmed.org](http://www.okmed.org)

\*Signed into law in 2018, Oklahoma's Senate Bill 1446  
mandates that all physicians complete one hour of CME  
in pain management per year.

## IN MEMORIAM



### **Rebecca Deaton, MD**

1953 - 2022

Rebecca E. Deaton, MD, a celebrated Obstetrician Gynecologist who helped countless patients over the years, died at St. John's Hospital on January 19th. She was 68.

Born in Ada, OK, Rebecca found her way to the "big city" of Tulsa after attending OSU and gaining her medical degree from OU Medical School. She knew early on she wanted to go into Obstetrics as women's rights and equality were foundational beliefs. She was a free spirit who was an amazing surgeon, a rare

combination, and she paved the way for female doctors in Oklahoma.

One of only 10 women in her medical school class, when she arrived at her first hospital after residency the locker rooms simply said "Doctors" and "Nurses." After two years of ball busting, she had them properly changed to "Male" and "Female." When not caring for her patients, Rebecca could be found dining somewhere fabulous, drinking something great, and enjoying her friends. And even then, a patient usually stopped to thank her for the years of care.

She is survived by her daughter, Clea Alsip, her son-in-law, Danny Binstock, her brother, Clay Deaton, and his loving family. She adored her family and in her last years went out of her way with generosity and kindness. She was soon to be a grandmother for the first time and her last months were full of excitement and joy.

Services were held on Tuesday, January 25th, at All Souls Unitarian Church with a visitation beforehand at Stanleys Funeral Home.

To share your own memories or condolences, please email  
[DrRebeccaDeatonMemories@gmail.com](mailto:DrRebeccaDeatonMemories@gmail.com)

# A HISTORY OF THE TULSA COUNTY MEDICAL SOCIETY

HONORING THE PAST, EMBRACING THE FUTURE

The year of 1907 was an important one to the small but fast-growing Oklahoma town of Tulsa. With the Indian Territory admitted that year into the Union as the State of Oklahoma, Tulsa was experiencing a substantial boom in prosperity brought about through the development of the famous Glenn Pool (discovered in 1905) and other nearby oil fields. That same year saw the Midland Valley Railroad come to Tulsa, the opening of Tulsa's first hospital, and the beginning of the present Carnegie Library of Tulsa. Among other things, 1907 saw the organization of the Tulsa County Medical Society.

The Tulsa of 1907 is a far cry from the modern and progressive city which it is today. Although it had passed beyond recognition as a mere "cow town", it had yet to attain the wealth, influence, and physical beauty which the discovery of oil eventually brought about. It was a town of frame buildings, many showing signs of hasty construction to accommodate a growing population, with but few substantial constructions. The downtown district was not entirely devoid of well-built business buildings, however, for a number of civic and commercial organizations were housed in structures which rose abruptly on the Tulsa skyline to distinguish it as a city of progress and accomplishment. Even so, the real progress for Tulsa lay ahead, not in its past history.

The history of medicine in Tulsa up to 1907 had little to distinguish it from the history of medicine in other American frontier towns. Perhaps the Oklahoma outlaws and renegade Indians had accounted for more bullet wounds among the early settlers, and perhaps Tulsa experienced a high ratio of broken heads resulting from personal grievances among the followers of the oil boom. In general, however, the capable and reputable doctors of the day practiced a type of medicine that went with rough life in the open, with a horse and buggy for transportation, with an unending fight against habit and superstition, with inadequate knowledge of ills, and their cures, with too limited supplies of drugs and surgical instruments, and with the bitter competition of the medical frauds who existed so well in the unregulated conditions of the state.

By 1907, however, Tulsa had begun to resolve itself into the leading city of Oklahoma. Its physicians and surgeons had already begun to attain reputations as men of skill and ability. It is not surprising, therefore, that leading Tulsa doctors had begun to feel the need of an organized medical society shortly after the run of the century. The Oklahoma State Medical Association had been in existence for some years, but it failed to create the desired fraternity among the

local members of the medical profession.

Actually, the Tulsa County Medical Society had its beginnings as early as 1906 when informal discussions were held among professional men at irregular intervals in varied meeting places. An organization known as the Tulsa Medical Society came into being on the evening of November 9, 1906, when a dozen leading Tulsa physicians met in the offices of Dr. C. L. Reeder and Dr. C. Z. Wiley at the old Malcomb Building on East Second Street. A temporary organization was set up that night.



The purpose of this original Tulsa Medical Society was set forth as the advancement of scientific study. For several months, the Society had fortnightly meetings in the offices or various members. "Some very interesting papers came before the Society," an old record observes.

At that time a number of Tulsa doctors belonged to a regional medical society known as the Indian Territory Medical Society, whose purpose was reportedly more social than scientific. It was rather closely tied in with the Oklahoma State Medical Association and had in fact been the actual predecessor of that organization as the representative medical society of the state. The Indian Territory Medical Society had entertained the Oklahoma State Medical Association at its annual convention of 1905 in Tulsa. Some opposition to the Tulsa Medical Society arose early in 1907, principally from the members of the regional Indian Territory Medical Society. The objection to the new organization was principally that it constituted a competitive organization.

Unfortunately for the sake of romanticism, this rivalry did not develop into open enmity among the Tulsa doctors. Rather, through the diplomacy and tact of several medical leaders, representatives of both units were brought together and it was decided to combine two organizations into a single society to be known as the Tulsa County Medical Society and to affiliate as a unit of the Oklahoma State Medical Association.

This affiliation was duly accomplished early in the spring of 1907 when Dr. James Vance of Checotah, a councilman for the state association, met with Tulsa doctors in a reorganization meeting. In this manner the Tulsa County Medical Society, as such, came into being. Dr. W. Albert Cook was selected as the first president and Dr. C. T. Hendershot as the first secretary-treasurer. The Society sent its first delegates, consisting of Dr. Cook, Dr. Hendershot, and Dr. J. C. Bland, to the state convention of 1907 held in May of that year at Shawnee, Oklahoma.

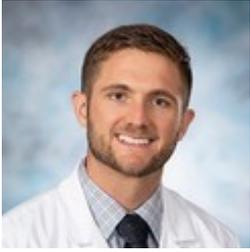
There was no standard meeting place in the early years of the Society. Many were held at the newly organized Oklahoma Hospital, others at the old Commercial Club, at the offices of various members, and in rooms provided at the First National Bank Building. Programs were primarily scientific, but were distinguished by occasional dinners, social meetings with the wives, and by certain extra treats. In the latter category were the free circulation of fruit, nuts, and candy.

Somewhere along the wayside, the financial records of the early years have been lost. Some veterans insist the initial annual dues were only \$5.00, others remember them as \$10.00, and some recall no dues at all. It appears likely that the figure of \$10.00 is the more correct one, and that necessary additions to the treasury were made by assessment.

Much of the Society's success during its first year was due to the energetic young physician who served as the first president, Dr. W. Albert Cook. A native of Charles City, Iowa, Dr. Cook had practiced there after his graduation from Rush Medical College of Chicago in 1897. He came to Tulsa in 1902 and attained a ready success, first as a general practitioner and subsequently as an eye, ear, nose and throat specialist. Dr. Cook and his wife, the late Irene Lowe Cook, were both prominent in Tulsa and Oklahoma civic and social circles. (From *Healing in the Heartland*)

Throughout 2022, we look forward to sharing more of the history of Tulsa County Medical Society.

# WELCOME NEW MEMBERS!



**Eric R.  
Beaver, MD**  
Medical Director

Oak Street Health  
1538 N. Lewis Ave  
Tulsa OK 74110  
918-340-6241

**Medical Education:** University of Oklahoma, Oklahoma City, OK, 2011-2015  
**Residency:** McGaw Medical Center of Northwestern University, Chicago, IL, Family Medicine, 2015-2018



**T. Steven  
Ivan, DO**  
Family Medicine

Harvard Family Physicians, P.C.  
7912 E 31st Court Ste 300  
Tulsa OK 74145  
918-743-8200 Fax: 918-743-8609

**Medical School:** Oklahoma State University, 2002  
**Residency:** Medical Center of Southeastern Oklahoma, Durant, OK, 2002-2006



**Peter E.  
Diaz, MD**  
OB-GYN

Harvard Family Physicians, P.C.  
7912 E 31st Court Ste 300  
Tulsa OK 74145  
918-743-8200 Fax: 918-743-8609

**Medical School:** Texas Tech University, Lubbock TX, 1999  
**Residencies:** University Medical Center, Las Vegas, NV, OB-GYN, 1999-2000 & University of Oklahoma, OB-GYN, 2000-2003



**Nathan  
Strandmark, DO**  
Family Medicine

Harvard Family Physicians  
7912 E. 31st Ct Ste 200  
Tulsa, OK 74145  
918-743-8200

**Medical Education:** Kansas City University of Medicine & Biosciences, Kansas City, KS, 2000-2004  
**Residency:** University of Kansas, Wichita, KS, Family Medicine, 2004-2007

*Correction: Last month, we mistakenly published a photo that was not Dr. Krisa. We apologize for the oversight and have included her photo in this edition of Tulsa Medicine.*



**Pamela K.  
Grafton, DO**  
Family Medicine

Utica Park Clinic  
20 E. 34th St  
Sand Springs OK, 74063  
918-245-9675

**Medical Education:** Oklahoma State University College of Medicine, Tulsa OK, 2014-2018  
**Residency:** Chickasaw Nation, Ada Oklahoma, Family Medicine, 2018-2021



**Peggy J.  
Krisa, MD**  
Hospitalist/Internal Medicine

1705 E 19th St Ste 302  
Tulsa OK, 74104  
918-748-7585

**Medical Education:** University of Oklahoma 1983-1987  
**Residency:** University of Texas, HSC, Houston Texas, Internal Medicine, 1987-1990  
**Fellowship:** University of Texas, HSC, Houston Texas, Nephrology, 1990.

## REMINDER MEMBERSHIP DUES

A friendly reminder if you have not yet paid your TCMS & OSMA membership dues for 2022. Your membership provides advocacy, physician wellness, medical student and resident support, and more.

You can also take advantage of the COVID-19 Hardship Discount, a **\$150 savings**, from OSMA.

Contact Joetta at 918.743.6184 or email [joetta@tcmsok.org](mailto:joetta@tcmsok.org) to renew today!

## DOCTOR OF THE DAY APRIL 2022

Next month, we will share more information about Doctor of the Day at the Oklahoma State Capital. TCMS has dedicated April for our members to volunteer.

If you would like to reserve your day, please contact [mark@tcmsok.org](mailto:mark@tcmsok.org) or call 918.743.6184.

**Dates Available:** April 4-7, 11-14, 18-21, 25-28  
**Hours:** M and W, Noon to 4pm - T and Th, 8:15am to 4pm



# TULSA MEDICINE

A Newsletter for the Medical Community | February 2022

5315 S. Lewis Avenue  
Tulsa, OK 74105-6539

## 2022 Save the Date for Medicine Day Tuesday, March 1

*Presented by the Oklahoma State Medical  
Association and our partner organizations*



### Medicine Day Tuesday, March 1

Show your support for medicine-friendly legislation by joining us for Medicine Day 2022. The annual event returns to the Oklahoma State Capitol with an afternoon legislative meet and greet, followed by an evening reception at the Harn Homestead.

**3 to 3:30 pm**  
**Legislative Update and Briefing**  
Oklahoma State Capitol, Room 419-C  
2300 N. Lincoln Blvd.  
Oklahoma City, OK 73105  
*(Parking available in south and east parking lots)*

**3:30 to 5 pm**  
**Meet with Your Legislators**  
Oklahoma State Capitol  
2300 N. Lincoln Blvd.  
Oklahoma City, OK 73105

**5 to 6:30 pm**  
**Legislative Reception\***  
[Harn Homestead](#) (open-air venue)  
1721 N. Lincoln Blvd.  
Oklahoma City, OK 73105

**\*Music provided by Rep. Scott Fetgatter and Fat Cat**



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