Mission Statement

The Tulsa Area Free Clinic Coalition was formed in January 2002 with the following mission:

To promote and support those providing compassionate healthcare to the medically underserved in the Tulsa area.

Purpose Statement

To promote networking and open communication amongst the Tulsa Area Free Clinics with the goal of providing services to the medically needy of Tulsa without duplication of services.

Revised May 2012
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Arms Around BA Minor Medical Services
700 W. Fort Worth St.
Broken Arrow, OK  74012

Phone:  (918) 258-7714
Fax:      (918) 806-2497
Email:    findhelp@armaroundba.org
Website:  www.armaroundba.org
Clinic Director:  Nellie Lawson
Ministry Director: Hugh Zimmerman

Hours:  Tuesday 6:00 pm — 8:00 pm
        First come-first served basis
Fees:   None

Eligibility:  Broken Arrow or Coweta resident.
              No insurance or underinsured.

Services: Provides healthcare for adults,
          children, and the elderly.
          Provides minor medical assistance only.
          Does not provide emergency or long
          term care services.

Rx Assistance: On-site medication samples as available.
               Prescriptions are available from the doctor at the Arms Around BA Medical Clinic.

Interpreters: None
Broken Arrow Neighbors
322 W. Broadway Ave.
Broken Arrow, OK 74012

Phone: (918) 251-7781
Fax: (918) 251-9108
E-mail: bankim@tulsacoxmail.com
Web Site: www.baneighbors.com
Clinic Director: Kim Goddard
Clinic Hours: Monday 5:30 pm
*Please call each Monday to confirm
*Maximum 20 patients

Fees: None

Eligibility: Persons in need.
No geographical boundaries.

Services: Clinic offered to adults, children, and the elderly with minor illnesses only.
*No lab, x-rays, immunizations, or TB Testing

Rx Assistance: Usually at same visit or referrals given.
*No Narcotics Available.

Diabetic Supply: Some Assistance Provided.

Interpreters: Spanish (Occasionally)
Broken Arrow Neighbors continued:

**Other Services:** Food Pantry & Clothing Assistance available to residents of Broken Arrow, and agency referrals.

Monday—Thursday
9:00 am — 4:00 pm
*Closed on Fridays

Limited financial assistance for utility disconnections and eviction notices.

**Community Health Connection**
2321 E. 3\(^{rd}\) Street
Tulsa, OK 74104-3327

**Phone:** (918) 622-0641
**Fax:** (918) 622-4814
**E-mail:** outreach@communityhealthconnection.org
**Web Site:** [www.communityhealthconnection.org](http://www.communityhealthconnection.org)
**Executive Director:** Laurie Paul

**K-W Clinic Hours:** Monday through Thursday
8:00 am - 6:00 pm

Friday 8:00 am - 4:30 pm

**East Clinic Hours:** Monday through Wednesday
8:00 am — 5:00 pm

Wednesday, Walk-In Episodic Clinic
5:00 pm - 9:00 pm
*(First 9 only, arrive by 4:00 pm)*

**Thursday & Friday** by Appointment
8:00 am - 8:00 pm
Saturday, Urgent Clinic  
*(First 9 only, arrive by 7:30 am)*

**Fees:** Sliding scale based on income.

**Eligibility:** Accept Medicare, Medicaid and most insurance providers

**Community Health Connection continued:**

**Services:** Family Medical Practice.  
Mental Health and Prenatal Care  
*(Lactation Consultant available)*  
Lab available on site  
X-rays are not available on site but community referrals are available.

**Rx Assistance:** Prescription programs available.

**Diabetic Supply:** Available

**Interpreters:** All nurses and receptionists speak Spanish.

**Locations:**  
**K-W (Main Site)**  
2321 E 3rd Street  
Tulsa, OK 74104-3327

**East Clinic (Extension)**  
9912 E. 21st Street  
Tulsa, OK 74129
Good Samaritan Health Services

P. O. Box 1191
Tulsa, OK 74104

Phone: (918) 710-4222
Fax: (918) 949-6681
E-mail: info@goodsamaritanhealth.org
Web Site: www.goodsamaritanhealth.org

Clinic Contact: Lynn Hersey
Clinic Director: Dr. John Crouch

Hours: Contact Agency

Mobile Clinic at following sites: (Please arrive one hour early)

Mondays: Tulsa Dream Center
200 West 46th Street North
By Appointment Only

Monday Evenings: Cornerstone Family Church
3434 South Garnett
6:00 pm — 8:00 pm

Tuesday Mornings: New Jerusalem Baptist Church
3427 N. Birmingham Ave.
9:00 am - 11:00 am

Tuesday Evenings: Evangelistic Temple
1339 E. 55th Street
6:00 pm — 8:00 pm

Wednesday Mornings: Full Gospel Family Outreach
1609 N. Evanston Pl.
9:00am — 11:00 am
Good Samaritan Health Services continued:

**Wednesday Afternoons:** The Harvest
2232 S. Nogales Ave.
2:00 pm - 4:00 pm

**Wednesday Evenings:** Life Power Family Church
1136 E. 36th Street North
5:00 pm — 7:00 pm

**Thursday Mornings:** Riverside Baptist Church
6363 S. Peoria
9:00 am — 11:00 am
(By appointment only 918-742-5822)

1st & 3rd Thursday Evenings: Memorial Baptist Church
2800 S. Yale
6:00 pm — 8:00 pm

2nd Thursday Evenings: Collinsville Church of Christ
1010 Broadway, Collinsville
6:00 pm - 8:00 pm

1st & 3rd Saturday Mornings: John 3:16 Mission
506 North Cheyenne
10:00 am — 12:00 pm

1st & 3rd Saturday
Afternoons: Indian Springs Apartments
2177 West Jasper, Broken Arrow
2:00 pm — 4:00 pm

1st & 3rd Saturday Evenings: Christ the Lamb Miracle Church
4635 S. Madison Place
(Off 48th St. from S. Peoria)
6:00 pm — 8:00 pm
Good Samaritan Health Services continued:

**Fees:** None

**Eligibility:** No insurance. Inability to pay.

**Services:** Clinic offered to adults, children, and elderly only if without insurance.

**Lab:** Routine Laboratory services available. **EKG, Doppler, Al C, INR, Nebulizer/ Pulse Oximetry** are also available on site. **Immunizations** - call for availability. *No x-rays*

**Limited Rx Assistance:** Provided at same visit and on-site *Limited to medications in stock, no controlled substances.*

**Diabetic Supply:** Limited to available stock. *Patient required to return for follow-up*

**Interpreters:** Spanish on Monday and Tuesday nights. Burmese available on Thursday mornings.

**Other Services:** Offers **spiritual resources**. Limited **vision testing**. Monthly women’s health clinics in collaboration with OK Project Woman and LabCorp for **pap smears**, qualifying **Mammogram** coupons, **STD testing**.
Morton Satellite Homeless Clinic
102 North Denver, Suite B
Tulsa, OK 74103-1820

Phone:  (918) 295-6942
Fax:  (918) 295-6948
E-mail:  N/A
Web Site:  www.mortonhealth.org

Hours:
Monday  8:30 am - 5:30 pm
Tuesday  8:30 am - 5:30 pm
Wednesday  8:30 am - 5:30 pm
Thursday  12:00 pm - 5:30 pm
Friday  8:30 am - 5:30 pm
(Main Clinic Only)
Saturday  9:00 am- 1:00 pm

Fees:  None
Eligibility:  Homeless adults or adults in temporary housing (shelter/mission) single room occupancy facilities.

Services:  Clinic offered on-site to adults and the elderly (children are referred to Morton Main Health Center Pediatrics Department)

Lab Available

*Pregnancy test clients must be seen at the OB-GYN Department at the Main Clinic for evaluation.
Morton Satellite Homeless Clinic continued:

**X-Rays**
*(referred to Morton Main Clinic)*

**TB testing**
*Except on Thursday*

**Rx Assistance:** Pharmaceutical Company Patient Assistance Programs utilized.

**Diabetic Supply:** None, but prescriptions are available.

**Interpreters:** Main Clinic & East Clinic only

**Other Services:**

- Dental services
  *By appointment only*

**GYN services**

**HIV counseling and testing**
*Available monthly on 1st Wednesday, 8:30 am – 12:30 pm or daily at Main Clinic*

Primary Care – Adults
Oral Health
Referral
Patient Education
Homeless Health Care
Transportation

**Other Locations:** **Main Clinic**
1334 N. Lansing Ave.
Tulsa, OK 74106
(918) 587-2171
Main Clinic is open on Saturday 9am-1pm
*Offers services on a sliding scale basis*
Morton Satellite Homeless Clinic continued:

East Tulsa Clinic
11511 E. 21st Street
Tulsa, OK 74129
(918) 295-6185
*Offers services on a sliding scale basis

Mid-Town Family Health Center
102 N. Denver, Suite B
Tulsa, OK 74103
(918) 295-6942
(918) 295-6042 (Dental)
*Offers services to the Homeless

Nowata Family Medical Clinic
207 S. Locust
Nowata, OK 74048
(918) 273-9911
*Offers services on a sliding scale basis
*Transportation is unavailable at Nowata Clinic to and from the Main Clinic

**Transportation is available**
Mother Teresa Dental Care Center
Catholic Charities of the Diocese of Tulsa
2450 North Harvard Ave., Tulsa, OK 74115
Located in the Xavier Medical Clinic building

Phone: (918) 508-7191
Fax:
E-mail:
Web Site: www.catholiccharitiestulsa.org

Mother Teresa Dental Care Center was established in January 2010 to provide free examinations, hygiene services, restorative care, and extractions. Services are for uninsured patients and those without Medicaid.

Dental Director: D. Michael Spradlin, DDS
Dental Coordinator: Leah Robles Sommer

Hours: Tuesdays - 3 PM
EXTRACTIONS ONLY
Everyone who arrives by 4pm will receive a ticket. Tickets are drawn at random, and there is no guarantee that those present will be seen.

NOT ACCEPTING NEW PATIENTS
New appointments may open up in June. Call the information line for updated information.

Fees: None

Eligibility: Uninsured (without health insurance); No Medicaid accepted

Services: Emergency relief of pain (extractions)

Interpreters: Spanish

Information as of 2/13/12

Guidelines subject to change
Mother Teresa Women’s Health Services
Catholic Charities of the Diocese of Tulsa
2450 North Harvard Ave., Tulsa, OK 74115
Located in the Xavier Medical Clinic building

Phone:   (918) 508-7199
Fax:
E-mail:
Web Site:  www.catholiccharitiestulsa.org

Our staff will provide excellent health care for
women who are pregnant or may be pregnant.
There are many services available at Catholic
Charities during and after pregnancy.

Clinic Director:  Mary Lee Ingram, LCSW

Hours:  Tuesday, Wednesday, Thursday
9:00 am-12:00 pm;
1:30 pm-4:00pm
Walk-Ins welcome
Apply for Medicaid on Thursday

Fees:  None

Eligibility:  Uninsured (without health insurance);
No Medicaid accepted

Services:  Deliver at St. Francis or OSU
High Risk clients accepted
All other services of Catholic Charities
available

Interpreters:  Spanish (available for doctors
appointments)

Information as of 2/13/12

Guidelines subject to change
Neighbor for Neighbor
505 East 36th Street North
Tulsa, OK 74106

Phone: (918) 425-5578
Fax: (918) 425-5764
E-mail: asmith@nfntulsa.org
Web Site: www.neighborforneighbor.org

Executive Director: Ann Smith
Clinic Coordinator: Diana Diaz

Clinic Hours: Monday 6:00 pm — 9:00 pm
Tuesday Clinics begin at 1 & 6 pm
Wednesday 6:00 pm — 9:00 pm
Thursday Clinics begin at 1 & 5 pm
• Appointments are required for all Medical, Optometry, and Dental Services.
• Appointments for Medical are taken Daily at 10:00 AM. Call 764-9565.
• Call between the hours of 1:00 pm and 3:00 pm before going for treatment to see if patient needs can be met.

*Closed for month of August each year*

Fees: None

Eligibility: For those who cannot afford health insurance. *No ID required

Services: Clinic offered to adults, children, and the elderly.
Neighbor for Neighbor continued:

**Lab** available.
**Pregnancy testing** available.
*No x-rays, immunizations, or TB testing

**Dermatology Clinic  -  764-9565**
1st & 3rd Thursday of each month
1:00 pm — Appointment required

**Women's Clinic**
Call 425-5595 ext. 120 for appointment.
Services include exams, referrals, and medications

**Rx Assistance:** Monday - Thursday
Sign in from 10 am – 12 pm or 1 pm - 2 pm
*No diet pills, birth control, cholesterol-lowering drugs, stomach medications, antidepressants, tranquilizers, psychiatric drugs or narcotics

**Diabetic Supply:** Provided if available.

**Interpreters:** Spanish
Monday/Tuesday/Wednesday at 6:00 pm
Thursday at 5:00 pm

**Other Services:** **Dental Services**
- Extractions
- Restorative care
- Hygiene for adults and children not on Sooner Care
*By appointment only*
*For dental hygiene and restorative care call 425-5535 ext. 122
Neighbor for Neighbor continued:

*For adult extractions call 425-5595, ext. 122.

Vision Services Include:
- Vision exams by appointment.
  Call 425-5595 ext. 119.
- Bring your own prescription in on Monday/Tuesday/Wednesday/Thursday between the hours of: 10 am - 12 pm & 1 pm – 3 pm, or at 6 pm.

*One week wait for glasses
*Exams and frames are free
*Charge for lenses is $30 for adults and $15 for children

Case Management
Services and follow-up offered on all patients.

Legal Services
Monday — Thursday
9:00 am — 3:00 pm
Services offered for uncontested civil matters (no criminal work).

Monthly Legal Clinic Evenings
*Call agency for appointment*
Neighbors Along the Line  
5000 Charles Page Boulevard  
Tulsa, OK 74127

Phone:  (918) 584-1111  
Fax: (918) 584-4954  
E-mail: info@neighborsalongtheline.org  
Web Site: www.neighborsalongtheline.org  
Executive Director: Mindy Tiner  
Assistant Director: Shannon Chambers

Clinic Hours: Monday, 5:15 pm  
*Sign in begins at 5:15 pm  
People will be seen based on a number drawing at 5:30 pm.

Fees: None

Eligibility: Uninsured  
*Not a strict screening.

Services: Clinic offered to adults, children, and the elderly.  
*Referrals for lab, x-rays, pregnancy tests, immunizations, or TB testing.

Rx Assistance: Provided on-site and at same visit when available  
*No narcotics  
*Client must have paper prescription or bottle for prescription samples.

Diabetic Supply: Assistance with insulin, syringes, and lancets as available.

Interpreters: None
Neighbors Along the Line continued:

Other Services: Counseling & Recovery Services
Therapist
Monday, 3:00 pm – 7:00 pm

WIC
2nd & 4th Wednesday, 9 am - 4:30 pm

Food Pantry
Monday, Tuesday & Thursday, 1:30 pm – 3:30 pm

Wednesday, 5:00 pm – 6:45 pm

General Equivalency Diploma (self paced)
Monday thru Thursday, 10:00 am–7:00 pm

Narcotic Anonymous
Tuesday, 6:00 pm - 7:00 pm

Life Skills Classes
Call for class information

Bingo
62 years & older
Wednesday, 10:00 am – Noon

Legal Aid
1st and 3rd Monday, 6:00 pm

*Other services available. Call for details.
OU Physicians Tulsa Community Health

Bedlam Evening Clinic
Offices: 1111 S. St. Louis
Tulsa, OK, 74120

Phone: (918) 619-4555 *(Information Line)*
Fax: (918) 619-4833

E-mail: janelle-whitt@ouhsc.edu
Medical Director

Web Site: http://tulsa.ou.edu/medicine/bedlam/index.html

Clinic Director: L. Janelle Whitt, DO

Clinic Hours: Bedlam Evening Clinic
Tuesday, 5:00 pm — 10:00 pm
Thursday, 5:00 pm — 10:00 pm

*Patients must be at clinic by 5 pm for triaging.*

Fees: None

Eligibility: No insurance

Services: Primary Care

Rx Assistance: No narcotics

Diabetic Supply: Through community pharmacies

Interpreters: Spanish

Other Services: Limited community referrals. Pain management and orthopedic services are NOT available.
Pawnee County Area Health Clinics
1390 West Cherokee
Cleveland, OK 74020

and

230 Beck Drive
Pawnee, OK 74058

Phone:  (918) 290-0228 (Pawnee)
Fax:    None
Phone:  (918) 290-0228 (Cleveland)
Fax:    None
E-mail: kdavis4375@yahoo.com
Web Site: None

Clinic Director: Kelly Davis

Hours: Cleveland
1st Tuesday following 1st Monday of each month
5:30 pm — 8:00 pm

Pawnee
1st Monday of each month
5:30 pm — 8:00 pm
1st, 2nd, 3rd, and 4th Monday evening

Ministerial Alliance Food Bank
Distribution

Fees: None

Eligibility: 180% of poverty level.
*Client must have license or social security card, proof of address, and proof of income or food stamp card
Pawnee County Area Health Clinics continued:

Services:  
**Health Clinic:** adults without Medicare  
**Eye Clinic:** adults without Medicare  
**Pharmacy:** adults without Medicare  

Rx Assistance:  
Provided on-site and at same visit  
*No narcotics or pain medications.*

Diabetic Supply:  
Glucometers, needles

Interpreters:  
None

Other Services:  
**Employment** assistance  
**SoonerCare** assistance  
**Housing** assistance  
**Food** assistance

Tulsa County Social Services Medical Clinic

2401 Charles Page Boulevard  
Tulsa, OK 74127

Phone: (918) 596-5578  
Fax: (918) 596-5568  
E-mail: ljohnston@tulsacounty.org  
Web Site: None

Clinic Director:  
Geraldine L. Timmons

Hours:  
**Tuesday, Wednesday, Thursday**  
(EXCLUDING first Thursday of the month)  
10:00 am — 12:00 pm

Fees: None

Eligibility:  
1. Tulsa county resident for a minimum of 6 months
2. Income guidelines  
* Contact agency for income guidelines  
3. Ineligible for Medicare, Medicaid,  
   private insurance, or Indian Health-  
   care services  
* Must have Social Security card, driver’s  
   license, and an item indicating present  
   address (utility bill, etc.)  

Services: General medical clinic offered to  
adults, children over one year of age,  
and the elderly  
* No pregnancy-related healthcare or pre-  
   marriage blood tests  
* Limited to basic testing relative to  
   patient complaint by exam  
* Pregnancy testing, HIV, and Hepatitis  
   screening not offered
Tulsa County Social Services Medical Clinic continued:

Services Cont:  Lab
   *In-depth work-up referred to a larger Facility
   **TB Testing** available for shelter residents only.

Rx Assistance:  Provided at the same visit and on-site at a discounted fee.
   *If the client is unable to pay for the medications, they are referred to various other agencies to assist with payments

Diabetic Supply:  None

Interpreters:  Spanish
   Monday — Friday
   8:30 am — 4:00 pm

Other Services:  Case Management available
   Burial/ Cremation assistance
Tulsa Day Center for the Homeless
415 West Archer
Tulsa, OK 74103

Phone: (918) 583-2368
Fax: (918) 583-6745
E-mail: psoucek@tulsadaycenter.org
Web Site: www.tulsadaycenter.org

Clinic Director: Leslie Petty APRN-NPC
Pat Soucek RN, BSN

Hours: Walk-In Clinic
Monday - Saturday
9:00 am - 11:00 am
Tuesday, Wednesday, Thursday
1:30 pm - 3:30 pm

Podiatry Clinic
Once a month by appointment only.

Pregnancy Testing
During Walk-In Clinic
*With case management

Vision Screening
Tues-Fri; Homeless Clients Only

Vision Clinic
By appointment only
*Must have vision screening done in the Walk-In Clinic Tuesday—Thursday, then client will receive an appointment with the Ophthalmologist.
Tulsa Day Center for the Homeless continued:

**Services:** Clinic services to adults, children, and elderly including medical case management
*See above for services and times

**Rx Assistance:** Vouchers provided or referrals given to area agencies.
*No narcotics, pain medications, muscle relaxants, or psychiatric medications

**Diabetic Supply:** Limited supply on hand

**Interpreters:** Spanish available, but not on a consistent schedule.

**Other Services:** General Health Case Management
Mental Health Case Management
Outreach Case Management

Assistance with IDs, food handler’s permits, housing, benefit information, and referrals to various social service/training programs
Limited **bus tokens** for verifiable jobs and doctor appointments

**Storage** of personal belongings

**Clothing** room

Limited **laundry facilities**
Tulsa Dream Center
200 West 46th Street North
Tulsa, OK 74127

Phone:  (918) 430-9984, Ext. 3406

Fax:  (918) 428-1083

E-mail: carolinecou@cox.net

Web Site:  www.thetulsadreamcenter.org

Clinic Director:  Caroline Coussens

Medical Clinic

Hours:  Last Saturday of the month
11:00 am — 2:00 pm

Wednesdays
9:00 am — 12:00 pm

Other clinics are by appointment only.
Please call to schedule, 430-9984, ext. 106.

Fees:  None

Eligibility:  None

Services:  Food distribution
Clothing distribution
Personal counseling for teens
Free legal services
Children’s recreational programs
After school program
Spiritual training and ministry
Hot lunch served daily
Tulsa Health Department
5051 South 129\textsuperscript{th} East Avenue
Tulsa, OK 74134

Phone: (918) 582-9355
Fax: (918) 594-4889
E-mail: info@tulsa-health.org
Web Site: www.tulsa-health.org

Bixby Health Center (918) 369-3155
Central Regional Health Center (918) 582-9355
Collinsville Health Center (918) 596-8650
James Goodwin Health Center (918) 582-9355
Expo Square Health Center (918) 582-9355
Sand Springs Health Center (918) 591-6100
North Regional Health Center (918) 591-6006

Clinic Director: Priscilla Haynes

Hours: Most clinics operate
Monday — Thursday
8:00 am — 4:00 pm
Friday
8:00 am — 11:00 am

Fees: Most services are low cost or sliding scale based on income.

Eligibility: WIC applicants must be under 185% of the poverty level.

*Medicaid/SoonerCare patients need to bring insurance ID.
Tulsa Health Department continued:

**Services:** Childhood immunizations available at all locations. There is no cost to those children who qualify for the Vaccines for Children (VFC) program. Screening is completed at intake to determine eligibility.

**Rx Assistance:** None

**Diabetic Supply:** None

**Interpreters:** Spanish
Other languages available with advance notice.

**Other Services:** Numerous services available

*See website for full list of services*
Xavier Medical Clinic
10711 E. 11th St., Ste. 1
Tulsa, OK 74115

Phone: (918) 583-7233
Fax: (918) 583-7205
E-mail: None
Web Site: www.saintfrancis.com/locations/xavier.aspx

Medical Director: Felicia Lee, MD
Nurse Manager: Jessica Gomez, RN BSN

Hours: Wednesday 8:00 am — 4:00 pm
Priority given to established patients
Established patients: appointments or arrive by 8:00am for walk-in
Pediatric New Patients: Arrive by 8:00am
Adult New Patients: If space available, 11:00 lottery system for new patients

Fees: None

Eligibility: Uninsured (No health insurance)
<225% of national poverty line

Services: Limited. NON-URGENT medical care and laboratory for adults and children
No Gynecology or mental health service provided

Rx Assistance: Limited. Only for established patients.

Diabetic Supply: Limited. Only for established patients.

Interpreters: Spanish

Other Services: Xavier Pregnancy Program
Monday, 8:00 am – 12:00 (noon)
Thursday, 9:00 am — 4:00 pm
Walk-ins welcome or call Babyline for appt. 838-0694.
Xavier Pregnancy Program
A Partnership of Catholic Charities of the Diocese of Tulsa and Saint Francis Health System
Located at Catholic Charities
2450 North Harvard Ave., Tulsa, OK 74115

Appointments: Babyline (918) 838-0694
Hours: Thursdays, 9:00 am - 4:00 pm
Walk-Ins Welcome!

Contact: (918) 502-3998 or Emma Crook (918) 508-7121
crook@catholiccharitiestulsa.org

Mary Lee Ingram, LCSW – (918) 508-7142
Director of Pregnancy & Adoption Services, Catholic Charities
mingram@catholiccharitiestulsa.org

Website: www.catholiccharitiestulsa.org

Fees: None

Eligibility: Pregnant or need pregnancy testing

Services: • Free Pregnancy Testing
• Interview by a Nurse
• Refer to a doctor for prenatal care w/Saint Francis Health System
• Apply for Medicaid
• Translation Services
• Catholic Charities Services
• Community resource referral
*No direct medical care at first appointment

Rx Assistance: Limited for enrolled participants

Diabetic Supply: Limited for enrolled participants by physician referral

Interpreters: Spanish